

**SEASONS
MARCH 2017**

**St. Paul Lutheran Church
2860 East Market Street
Warren, OH 44483
330-394-5741**



SUNDAY WORSHIP TIMES

**Emmanuel
9:00 am**

**Living Lord
8:00 & 10:30 am**

**St. Paul
10:30 am**

SUNDAY SCHOOL TIMES

10:00 am

9:00 am

9:30 am

FROM PASTOR ANN MARIE WINTERS: “Uniting Matters of Flesh and Matters of Spirit”

Lent is a time for special repentance. Let us dwell on the words of Craig Nesson (Give us this Day) describing how Jesus feeds us, body and spirit:

“By means of bread, Jesus united matters of flesh and matters of spirit. Jesus fed both hungry multitudes and the hunger of the heart. Jesus demonstrated both the dawning of the kingdom as he sat at the table with sinners, and instituted the Lord’s Supper for the forgiveness of sins. For Jesus, there was no division between body and spirit. What Jesus has brought together, however, we have rent asunder. How do we reunite body and spirit as we come together to eat bread in Jesus’ name?”

We have the opportunities for confession and forgiveness at our Sunday worship, and there we can share in the uniting power of the Holy Communion. On Wednesdays, we also have special mid-week Lenten services in a series called “At the Crossroads”, held at Living Lord Lutheran Church (see details below). These are instances where we can share a supper meal with Lutheran brothers and sisters, building bonds of community, then strengthening the unity of the Body of Christ through our shared worship – Holden Evening Prayer. I am confident that you will be fed and forgiven during these Lenten worship times.

May God bless your Lent,
Pastor Ann Marie Winters

ASH WEDNESDAY SERVICES:

On **Wednesday, March 1**, there will be an Ash Wednesday Worship Service at noon at Living Lord and at Emmanuel. We will then come together for a Potluck Dinner at 6:00 pm and Joint TALC Ash Wednesday Worship Service at 7:00 pm at St. Paul. The youth will have a practice at 5:30 pm. Please see the sign-up sheet in the narthex so we can plan for how many people will be attending. Please bring a covered dish to share at the Potluck Dinner; ham, beverages, and paper products will be provided.

MID-WEEK SOUP SUPPER AND LENTEN WORSHIP SERVICES:

Beginning **Wednesday, March 8, through Wednesday, April 5**, Living Lord will host the mid-week Lenten services in a series called “At the Crossroads”. Many of those involved in the story of the Passion of Christ came to a crossroads and had to decide which way to go. Some chose well, some did not, and the stories of each of these experiences at various crossroads help us to know what to do and what not to do when we encounter similar crossroads in our own lives. In the end, each service in the series reveals in some way how Christ and his cross lead us to decide the path of God’s will for us. We will begin each Wednesday with a Soup Supper at 6:00 pm followed by Holden Evening Prayer at 7:00 pm.

ALL THREE CHURCHES ARE HAVING A REFORMATION 500 BOOKSTORE:

The 500th Anniversary of the Reformation is fast approaching! Do you want to learn more about Martin Luther, his writings, and their impact on Christianity? Do you want to reflect on the ongoing impact of the Reformation today? Stop by our Reformation 500 Bookstore to shop for engaging books on the Reformation for readers of all ages and interests! Save up to 50% plus receive free shipping on all Bookstore titles. Stop by the Reformation 500 table in your church on **Sunday, March 5, through Sunday, March 12**, to order fascinating books on the Reformation for you and your family. Our Bookstore is sponsored by Augsburg Fortress, the publishing ministry of the ELCA. The books will include bestselling biographies like *Luther the Reformer* as well as an atlas of the European Reformations, a graphic novel for young readers, and primary sources from The Annotated Luther series.

DIRECT THRIVENT CHOICE DOLLARS BY MARCH 31:

Eligible Thrivent Financial members who have available Choice Dollars have until March 31, 2017, to direct them. Don't miss this opportunity to recommend that Thrivent Financial provide outreach funding to St. Paul Lutheran Church. Go to Thrivent.com/thriventchoice to learn more. Or call 800-847-4836 and say "Thrivent Choice" after the prompt.

FROM PASTOR WILLIAM D. LEITCH: What is the season of Lent? First, it is the forty days before the resurrection of Christ. There are 46 days from Ash Wednesday until Holy Saturday, but we do not count Sundays. Why? Because we observe the resurrection of Christ every Sunday. We are a resurrection people. So subtract the six Sundays in Lent and you have forty days.

What is the significance of 40? The number 40 has many Biblical references:

- Moses spent 40 days on Mount Sinai with God (Exodus 24:18)
- Elijah spent 40 days and nights walking to Mount Horeb (1 Kings 19:8)
- God sent 40 days and nights of rain in the great flood of Noah (Genesis 7:4)
- The Hebrew people wandered 40 years in the desert while traveling to the Promised Land (Numbers 14:33)
- Jonah's prophecy of judgment gave 40 days to the city of Nineveh in which to repent or be destroyed (Jonah 3:4)
- Jesus retreated into the wilderness where He fasted for 40 days and was tempted by the devil (Matthew 4:1-2, Mark 1:12-13, Luke 4:1-2). He overcame all three of Satan's temptations by citing scripture to the devil, at which point the devil left him, angels ministered to Jesus, and He began His ministry. Jesus further said that His disciples should fast "when the bridegroom shall be taken from them" (Matthew 9:15), a reference to His Passion. Our Gospel text on the first Sunday in Lent is always Jesus' temptation in the desert.

We observe three traditions during Lent. The three traditional practices to be taken up with renewed vigor during Lent are prayer (justice towards God), fasting (justice towards self), and almsgiving (justice towards neighbors).

As Tevye from Fiddler on the Roof would say, "Tradition." And it is a very precious tradition that we observe together as the Body of Christ. It is intentional. It is instructional. And it is a discipline that gives us focus and directs us back to a relationship with God. It gives us pause to examine ourselves and to give ourselves back to God. It is our way of intentionally looking for indicators that might be turning us from God and to renew life practices that will reorient us to Christ as the center of our lives.

I pray that we all fellowship together and worship together every Wednesday night as a discipline that will build and strengthen us as the Body of Christ.

Pastor Bill

Camp Frederick Dinner Dance Fundraiser... Camp Frederick will hold a Dinner Dance Fundraiser on **Saturday, April, 1**, beginning at 6:00 pm at Zion Lutheran Church, 3300 Canfield Road, Youngstown, OH 44511. The Roaring 20s Dinner Dance will be an evening of food, dancing, auctions, and fun! Funds raised will go to support the sending of kids to Camp. The Dinner Dance will start at 6:00 pm with hors d'oeuvres and time to peruse the silent auction and basket raffle items. Dinner will begin at 7:00 pm followed by the silent auction winners, raffle, and dancing. There are many different ways to support Camp Frederick through the

Dinner Dance. You can attend the dance, be a sponsor, or donate items for the auctions. We are also going to have a “wine pull”. Donations of bottles of wine may be dropped off anytime at Camp Frederick or given to a board member. Please consider helping with the ministry of Camp Frederick by participating in one of the ways listed above. For more information, call 330-227-3633 or email info@canpfrederickohio.com. If you are interested in attending the Dinner Dance, tickets are \$35.00; please see Pastor Bill to purchase your tickets.

ST. PAUL NEWS & EVENTS

PLEASE PRAY FOR:

Remembering those with medical challenges: Debbie Bartlett, Elaine Benka, Ron Benka, Christian Groves, Jerry Groves, Don Hazel, Jim Illencik, Lauren Patton, Roy Seibert, Jeff Trimble, April Williams, Andrea Wollam

Remembering those who are home bound: Shirlee Chambers, Charles English, Margaret Halavick, Ellen Miller, Harriette Shaffer

Remembering those with special needs: Joe Benka, Bryan Giocondi, Debi Houlf, Harlan Lewis, Lisa Null, Anita Rayburn, Cindy Robinson, Deanna Savon, Willis Stauffer

Remembering those in Military Service: Joe Baudo, Kirk Groves, Michael Maradin

REBEKAH CIRCLE NEWS:

With just six of us in attendance, we began our evening with a peanut butter pie (what a glorious way to start) and then delved into more serious matters. Last month, Diana came up with five activities that we might be interested in – and we were. So here is an update on them

1. The kitchen alcove – We decided what we are going to keep (the counter to the left of the dishwasher) and what we are not (the counter to the right of the dishwasher and the dishwasher). We are going to put in tall cabinets to fill the space and Tom Skoczylas is looking for a buyer for the dishwasher and in no interest, sell the parts for scrap.
2. The tapestry – Frame Depot did a great job of framing and hanging it. Go see it; it’s in the chapel and looks great. There is still one more to go and will be up soon.
3. Piano bench – A cushion for the bench in the parlor has been finished.
4. Covering for doors in parlor – While looking for cabinets, we will also look for a covering for the two doors.
5. “Spring Fling” – That is what we are calling the Rummage, Boutique, and Bake Sale. MAKE A NOTE – the date has been changed from April 29 to **May 6**. Kay Paaanen will apply for a grant from Thrivent to help defray the costs of advertising and the food. Please note that the proceeds will be split between the 150th St. Paul Anniversary Celebration and Rebekah Circle (tall kitchen cabinets) to help defray the costs. In order for this event to be a success and because this is a joint event, we are going to need MANY VOLUNTEERS to help out. We hope both young and old come forth when it is time.

We are sad to announce that Sue Kemp will no longer be our President because she and Wayne are moving to the Akron area. All the years of work she has done for Rebekah Circle and the church must be applauded and will be sadly missed. They both deserve hugs and good wishes for their next phase of life and I am sure they will still come back for many occasions. Georgia Mikola, Secretary

SPRING FLING:

Our Rummage, Boutique, and Bake Sale and Lunch now has a new name – SPRING FLING! The date is May 6 from 10:00 am to 2:00 pm. MANY ITEMS are going to be needed for this big event, so start collecting things from your home, family, and friends. They can be brought to the church and deposited in the youth room. When the time draws nearer, lots of baked goods will be appreciated. Lunch will have the following items for sale: macaroni and potato salad, pepperoni and sausage rolls, beverages, and desserts. This is a shared event with proceeds going to both the church and Rebekah Circle, so we want young and old to volunteer for this affair. Let's support this to make the "SPRING FLING" successful and profitable!

FOOD COLLECTION:

For the month of **MARCH** we are collecting instant potatoes and stuffing mix.

THANK YOU:

To my St. Paul Family,

Thank you all for the beautiful cards, your kind words of sympathy, and your thoughts and prayers. All are so very much appreciated by my family. We are all heartbroken from the loss of such a wonderful husband, father, and grandfather. Although we know he is in a better place and together again with his youngest son, it is so very hard for those of us left here to grieve and to try to go on without him. May I ask that you continue to keep all of us in your prayers. I would also like to thank Pastor Ann Marie and Pastor Bill and the Councils for being so understanding and granting my request to reduce my working hours from 4 down to 3 (8-11 am at LLC; 11:30-2:30 at St. Paul) so I am able to be available to assist my Mom in the afternoons for many tasks that lie ahead for her and for myself to find a new "normal" without my Dad in my life. This is all so very hard. I truly appreciate everything my St. Paul family has done to try to help me get through this most difficult time in my life. Blessings to you all. Lynn Golen

2017 FLOWERS AND MEDITATION CANDLES:

Weeks are still available for purchase, dedicated to your special intentions. The meditation candle is \$5.00 and flowers are \$30.00 for two vases. **Please use an Order Envelope and PREPAY your order at the time that you sign the flower and candle chart. PAYMENT ENVELOPES ARE BY THE FLOWER CHART.** On weeks where there is no paid order, the church will display silk flowers to the Glory of God. Please sign up for your special weeks while they are available.

RED CROSS VOLUNTEERS:

St. Paul volunteers will continue to help with registration and provide snacks for the canteen table during the Red Cross blood drives. **If you would like to volunteer, see the sheet on the volunteer table or contact Bonnie Thompson at 330-272-1400.**

SPLASH TODAY:

Donations are always warmly welcomed, and with your continued support, we will be able to sustain this valuable ministry to young families.

GRIEF MINISTRY:

Part of the Social Committee is Grief Ministry. Joyce Osborn (330-372-2136) is spearheading this ministry with Pr. Winters' and God's guidance and help. When a loved one dies, Joyce sends a set of four books called "Journeying through Grief" throughout the first year. Each book describes the issues and feelings that a person tends to encounter at various points of grief and the books offer suggestions on handling them. If Pastor Winters or Joyce can be of any help or if you have any questions during a time of grief, please contact either of them.

DUE TO GOVERNMENT REGULATIONS:

In the Health Insurance Portability and Accountability Act (HIPAA), churches and clergy can no longer make written or oral public announcements of health information regarding our members. Thus, unless specifically requested by a member to share other information, we are only able to indicate where a person is hospitalized or that they have been discharged.

BIRTHDAYS:

- 3/1 = Donald Brant & Hunter Groves
- 3/2 = Pr. Ann Marie Winters
- 3/7 = Noah Kerns
- 3/11 = Grace Gilger & Ellen Miller
- 3/14 = Christine Mymo
- 3/16 = Marissa Colarich
- 3/22 = Evelyn Brant
- 3/23 = Erika Smith
- 3/29 = Cameron Mackowski
- 3/31 = Margaret Halavick & Penny Jewell

ANNIVERSARIES:

- 3/2 = Wilson, Paul & Sarah
- 3/7 = Seibert, Roy & Dorothy
- 3/8 = Pasku, III, Harry & Lucinda
- 3/12 = Preston, James & Cathie

ST. PAUL SERVANTS FOR MARCH 2017

Greeters

3/05 Terry and Brenda Cepilecci
3/12 Terry and Brenda Cepilecci
3/19 Terry and Brenda Cepilecci
3/26 Terry and Brenda Cepilecci

Lectors

3/05 Kelly Hutchison
3/12 Carol Hipple
3/19 Marty Maurice
3/26 David Maurice

Flower Delivery – No Flowers During Lent

Refer to the sheet in the Sacristy for deliveries. Mark the date of delivery opposite the person's name on the sheet. Thank you.

Communion Assistants:

3/05 Kay Paajanen
3/12 Debbie Cravotta
3/19 Gene Cravotta
3/26 Rodger Bartlett

Acolytes 10:30 service: (agreed dates by parish youth)

3/01 Spencer Moorhead
3/05 Kyra Mymo
3/12 Andrew Sutton
3/19 Tori Muehlbauer
3/26 Kyle Rhine

Acolytes: Please be present ten minutes before the service begins.

If you are unable to acolyte as scheduled, please trade with one of the other acolytes and notify Christine Mymo – 330-647-2913. Thank you for your help! We count on you to be here!

****THERE WILL BE ACOLYTE TRAINING AFTER THE SERVICE ON MARCH 5****

Ushers

3/05 Harry Pasku & Judy Cary
3/12 Harry Pasku & Judy Cary
3/19 Matt Kerns & Christine Mymo
3/26 Matt Kerns & Christine Mymo

Church Closing

Tom Skoczylas

Visitor Notes

Jean Maurice

NEWS OF THE SHARED MINISTRY

Emmanuel Clothes Closet...The Clothes Closet is open every Tuesday at 9:00 am.

Emmanuel Shopping Cart Needs for March...Cereal, macaroni & cheese, canned fruit, single servings of macaroni & cheese, pasta dishes, pudding, fruit cups, granola bars, small package of cheese and crackers, peanut butter crackers, cookies, individual cakes (e.g. Hostess), and paper grocery bags.

Living Lord Card Class... Join us for a card-making class on **Thursday, March 2**, in the Activity Room. We will be making 4 cards. Our theme will be All Occasion Cards: Pretty vs. Cute. Classes will be at 2:00 pm and 6:00 pm. The cost is \$12.00. Please bring adhesives like double-stick tape and liquid glue. There is a sign-up sheet on the bulletin board. The deadline for signing up is Sunday, February 26. Emmanuel and St. Paul members are welcome to join us – call Lynne Walters at 330-856-9689 to get signed up! The next card class will be April 6.

Living Lord Fellowship in March...We will have Fellowship on **Sunday, March 19**, after both services.

Living Lord Easter Food Baskets...We will begin collecting food for the Easter Food Baskets on **Sunday, March 19**. The last day to bring in items will be **Sunday, April 9**. A chart will be in the hallway for items to bring. If you know anyone in the three churches (Living Lord, Emmanuel, and St. Paul) or anyone else in need, please call or email the Parish Office (330-856-5302 or secretary@lllc.org) to order your food basket by **Friday, March 31**. We will pack and distribute the baskets on **Thursday, April 13**, beginning at 9:00 am. Pickup will be from 10:00 am until 12:00 noon. No deliveries. There will be envelopes to donate for the purchase of hams available at the food chart in the hallway. Please mark “Easter Food Baskets” in the memo portion of your check made payable to Living Lord Lutheran Church. You may also place your check in the collection plate. If you have any questions, please contact the Parish Office.

From the Parish Nurse, Dora Muller... On need of supplements & vitamins - *“If you eat a balanced diet, you get all the vitamins and minerals you need and you don’t need any supplement and overdosing can actually be more harmful.”* Subodh Gupta

No one can walk into a pharmacy, or a so-called health store, without feeling overwhelmed with so many vitamin supplements and other health supplements that promise panacea for all our health worries. The industry’s sales pitch, that attracts millions of consumers per year, promises to reduce stress, regain your youthful energy, achieve your dream body, and all your aches and pains will disappear. It is the perpetuation of the “forever young” myth. Remember, our bodies have an expiration date and we can sensibly care for our health by engaging in healthier habits that include a good diet, physical activities, and fulfilling relationships. As a society, we often do not have the wisdom to age gracefully. Let’s think about the term “supplements”, which means to complement the small deficiencies that our diets sometimes lack. A well-balanced diet provides most of the vitamins and minerals that a human body needs to perform. However, our society generally has developed health habits that sometimes lack common sense and rely on supplements to complement our diets. This doesn’t mean that we do not need supplements. Yes, as we age our metabolism slows down and a little boost may be necessary. For someone who is pregnant or trying to conceive, supplements can help. Other people battle immune diseases or are recovering from chemotherapy and need extra help to build up energy. We should always ask our health care providers which vitamin and mineral deficiencies we are more susceptible to and how we should complement these deficiencies with supplements. Do not let advertisements of health supplements result in filling your medicine cabinet with unnecessary bottles of pills and making a big dent in your wallet. My message is to be proactive and before reaching out for supplements that promise a miracle new body, we should rethink our lifestyle and follow your physician’s advice.